



Occupational Therapy Progress Report and Plan of Care

Date of Report: 6/17/2021

Client: Cruz, Emmanuel

Date of Birth: 8/23/2016

Date of Treatment Period: 2/15/2021-7/14/2021

Referral Source: Dr. Niazi (on temporary leave)/Dr Ruiz

Primary Diagnosis (ICD-10): R13.11 Dysphagia, Oral

Secondary Diagnoses (ICD-10): Z93.4 Other Artificial Openings of Gastrointestinal Tract Status; R63.3 Feeding difficulties; J98.4 Other disorders of lung; Q90.9 Down Syndrome, unspecified

Precautions/Contraindications: PO 3 meals/day, texture progress as safe for oral skills, up to 6 ounces water/juice/formula per day, IDDSI 0-5 and transitional solids

Medically based Occupational Therapy services are warranted to address issues related to this child's documented skills deficits/disability and the resultant impacts on his/her participation in social participation, self-care, eating, play skills.

Background Information:

Client has been receiving - hours Occupational Therapy intervention weekly -. Client has attended 12 sessions so far this treatment period. Original plan was to see Emmanuel weekly, but due to a variety of family constraints, it was changed to once a week.

Subjective

Child/Family statements regarding therapy this period: Mom is pleased that Emmanuel is eating a variety of puree foods and is comfortable exploring more foods with his hands. She would like him to progress to eating soft food pieces. Additional concerns are increasing discomfort with loud sounds, leading to attempts to vomit starting two weeks ago. Also, she would like to work on Emmanuel's hand skills.

Current Level of Function

G-tube feedings: 200 mls at 0600, 1400, and 1900 remain stable

PO feeds: usually about 8 ounces puree/meal 3 day, sometimes a yogurt is added due to hunger

Weight gain: mom reports continued growth based on moving up clothes sizes

Fine/Bilateral Motor Skills: Consistent use of palmar and radial digital, inconsistent inferior pincer and index isolation; connects and pulls apart mega blocks; is not yet stringing beads

Sound Sensitivity: Per mom's report distress in noisy environments has been increasing

Progress Toward Previous Goals:

Goal #	Description of Goal	%	Met-goal met C-Continue goal MG-Modify goal DG-discontinue goal			
			Met	C	MG	DG
1:	Emmanuel will utilize lateral chew pattern with minced/moist in 33% of sessions across 3 sessions with tactile cueing/assisted food placement to/cheeks to increase oral motor skills needed for higher textured foods in a safe manner.	100	x			x
2:	Emmanuel will utilize vertical chew pattern 8+ times with minced/moist in 33% of sessions across 3 sessions with tactile cueing/assisted food placement to/cheeks to increase oral motor skills needed for higher textured foods in a safe manner.	100	x			x
3:	Emmanuel will lateralize food from midline to side 3+ times per session across 3 sessions	55		x		
<i>Emmanuel started treatment period at 5 met %.</i>						
4:	Emmanuel will utilize lateral chew pattern 8+ times with minced/moist in 33% of sessions across 3 sessions with tactile cueing/assisted food placement to/cheeks to increase oral motor skills needed for higher textured foods in a safe manner.	20		x		
5:	Emmanuel will lateralize food from midline to side 6+ times per session across 3 sessions	na				
<i>Description of current functioning level if goal is not met and being continued, modified, or discontinued:</i>						
6:	Emmanuel will manage 2+ bites if IDDSI Level 6 soft and bite sized foods per session across 3 sessions.	50		x		
<i>Emmanuel started treatment period at 0 met %.</i>						

Progress has been limited in part by GI challenges that interfere with Emmanuel's desire for PO intake. Mom reports that Emmanuel's appetite for purees has returned since treatment for constipation in June. Additionally, Emmanuel progressed through a phase of spitting out food higher than puree texture.



Summary of Progress

Client has met 2 out of 6 goals, and has partially another remaining 3 goals.

Client is making: Fair Progress

Child has responded well to skilled Occupational Therapy as demonstrated by:
progress towards goals _ increased coordination _
increased function/safety in home/community environments _ other: _

Maximum improvement has yet to be attained, therefore recommend:
continuing with established goals _ upgrading/adding goals _

Occupational Therapy Plan of Care and Additional Recommendations

Patient Name: Cruz, Emmanuel

Patient Date of Birth: 8/23/2016

Date of Plan: 6/17/2021

Primary Diagnosis (ICD-10): R13.11 Dysphagia, Oral

Secondary Diagnoses (ICD-10): Z93.4 Other Artificial Openings of Gastrointestinal Tract Status; R63.3 Feeding difficulties; J98.4 Other disorders of lung; Q90.9 Down Syndrome, unspecified; Other lack of motor incoordination R27.8

Precautions/Contraindications: PO 3 meals/day, texture progress as safe for oral skills, up to 6 ounces water/juice/formula per day, IDDSI 0-5 and transitional solids

Frequency, Duration, and Amount of Occupational Therapy Services:

1 time(s) a week for 24 weeks for a total of 24 visits plus evaluation.

Therapeutic Procedures To be Used:

- 97530 Therapeutic activities x 24
- 97166 Occupational therapy evaluation, moderate complexity x 1

Skilled interventions to include:

- Ongoing evaluation of treatment
- Task analysis
- Strengthening
- Teaching via backward chaining, teaching via forward chaining
- Establish/restore skills/abilities for maximal participation, health, and/or safe in desired/needed activities/environments.
- Program development/design tailored program to child and their family
- Prevent/minimize secondary disabilities that may negatively impact health/participation/safety.
- Task/environmental modification
- Family education
- Grade tasks/progression of skills

Anticipated Short- and Long-Term Goals with Time to Achieve:



1. Emmanuel will lateralize food from midline to side 3+ times per session across 3 sessions in 12 weeks.
2. Emmanuel will utilize lateral chew pattern 8+ times with minced/moist in 33% of sessions across 3 sessions with tactile cueing/assisted food placement to/cheeks to increase oral motor skills needed for higher textured foods in a safe manner in 24 weeks.
3. Emmanuel will lateralize food from midline to side 6+ times per session across 3 sessions in 24 weeks.
4. Emmanuel will manage 2+ bites if IDDSI Level 6 soft and bite sized foods per session across 3 sessions in 12 weeks.
5. Emmanuel will tolerate loud noises without gagging/vomiting 80% of trials per parent report in 24 weeks.
6. Emmanuel will string beads with thick lace with minimum assistance in 24 weeks.
- 7.

Caregiver agreeable to Plan of Care as discussed: Yes

Prognosis Towards Stated Goals: Fair

Tammy Cruz, OTR/L, <i>Tammy Cruz</i> OTR/L, SWC, CLC	OT 1597	6/17/2021
Occupational Therapist Printed Name/Signature	License #	Date

Physician Review of POC

Additional Recommendations or Medical Justification:

I have reviewed the Plan of Care (POC) and concur with the suggestions and recommendations and agree that Child meets medically necessary guidelines for Occupational Therapy services based on clinician assessment, American Pediatric Association Bright Futures standards, and the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit description (“...an EPSDT service is considered medically necessary or a medical necessity when it is necessary is to correct or ameliorate defects, physical and mental illnesses or conditions that are discovered by screening services...”).

_____ Physician Signature	_____ Date	_____ License#
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Please sign and return updated plan of care so services can be continued.

Please fax back to 833-294-4737

[OT Progress Report](#)


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